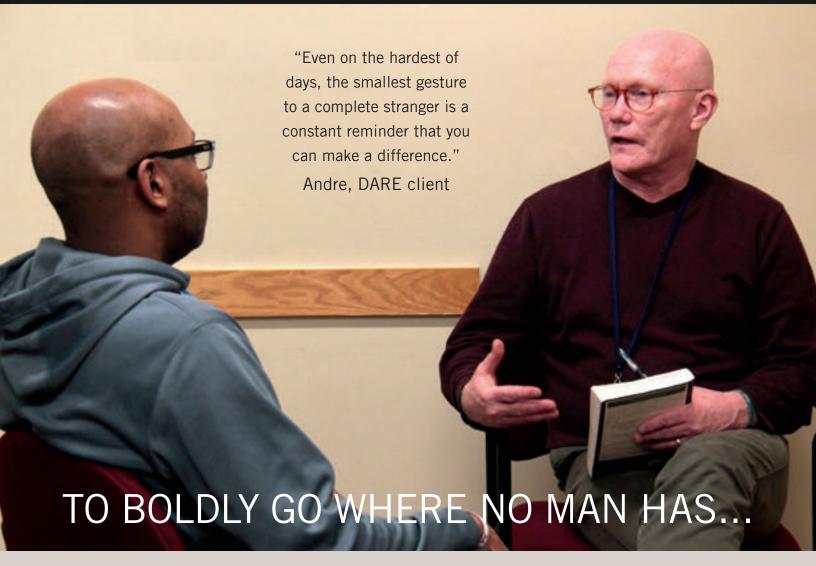


GOODSHEPHERDJOURNAL

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I open the door to the taxi, and the driver has already placed my luggage on the street. The street is crowded with a lot of foot traffic, big surprise this is Queen Street in downtown Toronto. I look up and the sign says the 'the Good Shepherd'. I make my way inside not knowing what to expect.

I meet the receptionist, I meet another counsellor, and then something strange starts to happen. I feel dizzy, my vision starts to cloud, and the reception room starts spinning. ...

BE BOLD! Read the rest of Andre's story inside, and see how your donations have transformed his life for the better...





What's happening to me is the panic, fear, and shock of the situation at hand. It's all starting to set in that I've just lost everything because of my addiction, and that Good Shepherd Ministries is my new home. After a good 60 minute cry with one of the sisters in the chapel, I start to pull it together. I head to my room and wait for whatever is next.

After getting a penchant for the day to day routine within the DARE program of 'the Shep' (this is the nickname for Good Shepherd Ministries, commonly used by the clients here), I'm starting to get the hang of things around this building. It isn't before long that I am chosen to be a team leader after the departure of my predecessor; he was going to another treatment facility. Now it was my turn, 'next man up' as they say in the NFL.

Being a team leader in the DARE program is much different than the corporate world that I have grown up in. I was quickly executing tasks that I have never done before in my life. Such as taking an elderly man to the drug store to pick up his medication, unload donation trucks in the middle of the night, speak to kids about my life, serving food to the homeless, and mentor the addicts on how things work in the DARE program.

After a lifetime of world experience I was now in new territory. Testing my limits, patience, humility, and how I would deal with all of this, and my own addiction.

I would get tired, complain to myself at times. Then a moment of clarity would set in, and it would send me another reminder ... a reminder that being sober and being of service to others is the greatest nobility that one could offer. The fact that there is something out there bigger than myself. A rare chance to be part of something special within this place.

These are some of the life lessons that the Good Shepherd has taught me, and reminded me of. I am reminded everyday that the work we do is not just important to us and our recovery. There is a community that depends on us to do what we do. Even on the hardest of days, the smallest gesture to a complete stranger is a constant reminder that you can make a difference. If a random act of kindness to someone else could bring such good in this world, just imagine what it could do for you.

It is hard to believe that it took losing everything I had for me to land in this place on Queen Street. It is also in this place on Queen Street, where I would gain everything that I never had.

ANGELS AMONG US GOOD SHEPHERD GALA

Saturday February 3 2018

GENEROUSLY SPONSORED BY:









Brother David Lynch, Tony Hall of SeeMyClients.com, CTV Broadcaster and MC Andria Case, and Singer/ Songwriter Abby Hall take a moment for a group picture during a busy and wonderful event.



All dressed up and someplace to go! Guests arrive in style and enjoy some mingling time at the cocktail reception.



More than 1,000 guests at Good Shepherd's Gala enjoyed an evening of dancing and great music.



Love and hope run through the theme of this year's photo booth. Good friends enjoy the moment dressing up and sharing a laugh.



DREAM COME TRUE: GOOD SHEPHERD DREAM LOTTERY WINNERS

Gabriel St. Denis (left) was the lucky \$100,000 Grand Prize winner of the Good Shepherd Dream Lottery (Licence 9414) with ticket 262. Congratulations to the following winners, and thank you to everyone who purchased a ticket.

2nd Prize:	\$ 10,000.00	#042	A. Downie, Queensville, ON
3rd Prize:	\$ 5,000.00	#021	W. Valdez, Toronto, ON
4th Prize:	\$ 5,000.00	#020	J. Dospial, Bolton, ON
5th Prize:	\$ 5,000.00	#235	S. Barnum and D. Behan, Toronto, ON

6th Prize \$ 5,000.00 #247 B. Pirocchi, Unionville, ON

YOU ARE HELPING SHAPE THE FUTURE OF HOSPITALITY



BROTHER DAVID

What is the future of hospitality?

That's what the Good Shepherd Province of the Hospitaller Order of St. John of God will

consider during Chapter this spring.

I invite you to join us in spirit, and think about what hospitality means to you — because it is your compassion and generosity that gives life to the hospitality offered by Good Shepherd Ministries.

It is not always a comfortable hospitality that you and I practice. Some people judge the homeless harshly, wondering why we should support 'lazy' people. Others worry that the acceptance we offer enables 'bad' behaviour.

But one thing I have learned

from 'welcoming the stranger' is that acceptance opens the door to healing and growth. That hospitality means mutual respect. That it is an act of hope and faith.

When we welcome the hungry, the thirsty, the addicted, the mentally ill, we welcome "the man of sorrows...pierced through for our faults." We welcome Him, and through His suffering, we are healed.

This Easter, may you and your loved ones enjoy the joy, hope, and warmth offered by hospitality — the hospitality you are helping to share and shape, right here at Good Shepherd Ministries.

meals served



Photo courtesy @fifth_floor_photography

Volunteers from St. Gregory's Parish prepare to serve the afternoon meal at Good Shepherd Centre. Your generosity helped to provide an average of 1,131 meals each day in 2017. An estimated 8,000 volunteers contributed their time to Good Shepherd Ministries last year.

THANK YOU FOR $\overline{\Box}$

1,259 homeless men received shelter

205 people secured housing with help from the Resettlement and DARE Programs, Barrett House and St. Joseph's Residence

105 homeless men with addictions entered treatment with help from the DARE Program; 53 homeless men returned after treatment for aftercare support so they could be helped with their recovery until they secured housing

28 Veterans received comprehensive case management that helped them maintain their housing

34 Veterans attended Veterans Living Better groups

3,440 visits were made to the nurse at the medical clinic

844 visits were made for foot, vision, dental care, etc. at the medical clinic

POSSIBLE IN 2017

NEW IN 2017

43 homeless individuals received case management from the new Gambling Addiction Pilot Project

20 people attended the Gambling-Focused Life Skills groups.



Seeing a Person as a Human Being Changes Everything



It's easy to see why the students at Holy Name of Mary Catholic Secondary School in Brampton are in awe of their chaplain, Paul Mayne-Devine. For the last 29 years, Paul has been bringing awareness to the complexities of homelessness, addiction and poverty to the top of their minds and breaking down the barriers and stereotypes that often accompany the issues and people who suffer the most.



In 1985, as a seminarian from St. Michael's College, Paul volunteered for the first time at Good Shepherd. It became a regular activity that coincided with the news that his brother, who was an alcoholic and living in the United States, was now homeless. As his family worked through the crisis, Paul's work at Good Shepherd gave him more knowledge about addiction.

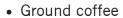
In 1989, Paul became the chaplain at Holy Name of Mary. With his experience, he was determined that the students learn about homelessness. Starting with street walks and visits to a local drop-in, the students would listen to street-involved people tell their stories and about how having mental health issues affected their lives. By 1995, Paul was bringing students to Good Shepherd to help with various tasks and hear the

stories of our DARE (Drug & Alcohol Recovery Enrichment) clients.

"The feedback over the years has been incredible. I can't count the number of times on the debrief after a retreat at Good Shepherd where one of the students would reveal they have a friend who is now homeless or a family relative who has an addiction. In that moment, they have the space to tell their own story and follow-up help if needed. Coming to Good Shepherd impacts their soul and spirit and connecting with clients, seeing a person as a human being, changes everything".



Students leave the Centre with a deeper understanding of what it means to show respect and promote dignity. It's an experience that we hope will continue after Paul retires in June 2019. After 35 years in education he plans to spend more time at home as well as with his woodworking hobby (he recently completed nesting tables in cherry wood). Paul is also considering hospice chaplaincy – something he has been thinking about for a while. There is no doubt wherever Paul lends his time, he will bring comfort and support to all.



- Tuna
- Tea
- Peanut butter & jam
- New men's underwear (M & L)
- Men's rain or spring jackets
- Umbrellas
- · Men's shoes
- · Men's T-shirts
- Toothbrushes & toothpaste
- Chapstick or lipbalm
- Travel-size lotion for dry skin
- New/gently-used men's wallets
- Gift certificates for Dollar Stores so newly-housed clients can buy household cleaners etc.

NO ONE EVER BECAME POOR BY GIV

There are so many ways to feel the joy of giving...

- Become a monthly donor and help to assure a steady flow of resources to provide services through the year.
- Remember Good Shepherd Ministries in your will, and leave a legacy of compassion for the homeless.
- Make a gift in memory or in honour of a loved one it's the gift that gives twice!
- Organize a FUNdraising event to benefit Good Shepherd Ministries.
- Make a one-time gift just because you can, and so many cannot.

When you offer your help to the men and women served by Good Shepherd Ministries, you offer acceptance, connection, a chance to heal and rebuild. Your continued support gives hope, dignity, and the essentials of life to the homeless and most neglected members of our community.

51 Division Cram-A-Cruiser





Helping to stock the shelves: 51 Division ran a "Cram a Cruiser Food Drive" in support of Good Shepherd Ministries' meal program on February 18 at the Queen's Quay Loblaws.

DONORS MAKE A DIFFERENCE

Thank you to the following organizations:

Order of Malta (Ontario)

	Charitable Foundation	\$15,000.00
	The Bedolfe Foundation	\$10,000.00
	The Muzzo Family	
	Gluskin Sheff + Associates Inc	\$7,663.90
	Margaret + Ted Riley	
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The Riley Family Foundation.....\$3,555.60 Brebeuf College.....\$829.50 Ursuline Sisters of Chatham\$500.00

Congregation of Notre Dame Visitation Province Forest Trim & Doors Ltd.

Knights of Columbus Good Shepherd Council 8340 MacKenzie Investments

Manion Wilkins & Associates Ltd.

St. Ignatius Loyola Church, Mississauga

Founded in 1963, Good Shepherd Ministries is a registered charity and a mission of the

Hospitaller Order of Saint John of God Province of the Good Shepherd in North America



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燖 412 Queen Street East, Toronto, ON, M5A 1T3



nfo@goodshepherd.ca



416.869.3619, ext. 223



Charitable Registration No. 89520 8169 RR0001