Good Shepherd Ministries
Fall Donation Wish List

CLOTHING

- Hoodies - Sizes M-XL
- Jeans - Sizes 32-42
- Running Shoes & Winter boots - Sizes 9-12
- Socks & Underwear & Long Underwear(NEW)
- Sweat Pants - Sizes M-XL
- Winter Gloves

DORMITORY, HYGIENE AND GIFT CARDS

- Body Lotion
- Deodorant
- Individual bar soap
- Razors & Shaving cream
- Shampoo & Shower gel & Bar soap
- Toothbrushes & Toothpaste
- Coffee / Café Cards (e.g. Tim Hortons)
- Dollar Store Cards (e.g. Dollarama)
- Grocery Gift Cards (e.g. Loblaws)

MEAL PROGRAM

- Beans & Chickpeas (Canned & Dried)
- Canned Tuna
- Canned Vegetables (All Kinds)
- Coffee – Ground Coffee and Coffee Beans
- Condiments: BBQ Sauce, Jam, Ketchup, Mayonnaise, Mustard, Salad Dressing
- Parboiled Rice
- Salt & Pepper
- Packaged Snacks – Chocolate Bars, Cookies, Granola Bars, Fruit Cups, Potato Chips,
- Sugar
- Tea bags

MEDICAL CLINIC

- Ensure/Boost
- Sunscreen

DONATIONS CONTACT INFO

416.869.3619 x 277
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